

WHY JV OUTREACH

LET'S MOVE

First Lady Michelle Obama's "Let's Move" initiative states: "**Physical activity is an essential component of a healthy lifestyle.**" Let's Move! aims to increase opportunities for kids to be physically active, both in and out of school, and to create new opportunities for families to move together. (<http://www.letsmove.gov/get-active>)

"Through this program our daughter has been able to participate in a dance program that she **would never have been able to if not for JV Outreach.** Her involvement has meant so much to us and to her. She has really gotten **a great boost in her confidence** in herself as a result."

—M. & K. M., Parents

CDC

Centers for Disease Control studies suggest "**regular physical activity in childhood and adolescence** improves strength and endurance, helps build healthy bones and muscles, helps control weight, **reduces anxiety and stress, increases self-esteem...**"

(<http://www.cdc.gov/Features/YouthActivity/>)

DONORS & SPONSORS



Funding for this program is provided by the Fulton County Board of Commissioners under the guidance of the Fulton County Arts Council.

**Hotlanta Salsa Congress
Dance FX Atlanta
Tolbert-Yilmaz School of Dance
Security Solutions**

"I can truly say that no other non-academic activity has allowed him to **build his character.** Your program allows him to find his inner self. Your methodology to teach dancing goes **beyond learning a rehearsed choreography.**"

—K. C., Parent



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Making a positive difference in the lives of young people through dance.

Executive Director & Founder,
Jacqueline Vergez

MISSION STATEMENT

JV Outreach's mission is to make a positive difference in the lives of young people through dance. Trained dance instructors share their knowledge, passion, and love of dance with youth and teenagers. Dance provides a wide range of personal health and social benefits that allow for building self-esteem, confidence, discipline, team work and social skills that they will carry throughout their lives.



VISION

JV Outreach is giving any child in the Metro Atlanta area, who wants to dance, the opportunity to dance. Confidence and discipline learned through dance opens doors to college education, careers and futures full of possibilities.

To accomplish our goal, we:

- Provide a safe and fun environment for dance instruction
- Inspire people to make a difference in the lives of children
- Give each child a positive experience
- Grow and learn from the impact of our efforts

HISTORY

Jacqueline Vergez, committed to making a difference for children and being passionate about dance, created JV Outreach, to give children who want to dance the opportunity to do so and to introduce dance to those who would otherwise not be exposed to dance.

JV Outreach established its 501C(3) in 2004 and initiated its service to the community at Waller Park Recreation Center. Over the years, services have included after-school dance programs at Middle Schools and High Schools in North Fulton County; spring programs and dance programs at a variety of venues including DanceFx Atlanta and Tolbert Yilmaz School of Dance. JV Outreach provides dance classes as part of the Physical Education programs in several schools and impacted over 1,700 students in 2013, introducing large groups to different styles of dance, many for the first time. JV Outreach has also included a performance dance group, which has performed in front of large audiences including Festival Peachtree Latino at Piedmont Park and Roswell Cultural Arts Center.

"Where [my child] had been shy and reserved, he made new friends and began to blossom. It seems that the heaviness was lifted off of his shoulders. I could see that he was coming into his true personality. His school grades began to improve as he recognized that continued participation in dance meant that he must maintain or improve his grades."

Sincerely,

"A Thankful Mom"



BOARD MEMBERS



Jacqueline Vergez—Executive Director. Has been trained for ten years in ballroom dancing, salsa, and ballet. Ms. Vergez has competed in and won several competitions, such as "Hotlanta." Ms. Vergez has worked in restaurant management and bookkeeping. She saw the need for programs that target youths and teens within her community and developed JV Outreach as a avenue for youths and teens to be fully self-expressed, trained, and disciplined through dance. Ms. Vergez has been recognized in her community as "Team Mom" because of her involvement with community programs.



A'ric Jackson – Creative Director. Originally from Chicago, is an Author, Speaker... DREAM ACHIEVER! A'ric's high-energy, experience, passion & love for making a difference shows vividly in his speaking, training and writing. He has a true commitment to make a difference in the lives of Youth so they take on their Dreams, Achieve them, and Pass It On to others. Speaking since 2005, A'ric has delivered over 100 programs to nearly 100,000 students in both the US and Canada. He has also written 5 books and loves to dance! "I love living my dream everyday and that dream is to transform the lives of teens across the world!"

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